

Caregiver Support Information

Monthly Meetings

Andrews - 3rd Tuesday 1:00
Andrews Senior Center

Big Spring - 2nd Tuesday 10:30
Big Spring Senior Center

Fort Stockton - Call for Details
Fort Stockton Senior Center

Lamesa - 3rd Tuesday 10:00
Dawson Co. Senior Center

Memorial Health Care Center- Seminole
1st Wednesday 10:30

Midland/Odessa Parkinson's Caregivers
Call for Details

Midland - Last Thursday 10:00 & 2:00
Manor Park

Midland - 2nd Thursday 2:00
Midland Lutheran Church The Patio

Monahans - 3rd Thursday 10:00
Ward County Senior Center

Odessa - 4th Wednesday 2:00
Odessa Regional Medical Center
South Campus

Courtyard at Parks - Odessa
4th Tuesday 2:00

Pecos - 2nd Wednesday 1:00
Pecos Senior Citizens Center

Rankin - Rankin Senior Center
Call for details

Stanton - 2nd Tuesday 1:00
Martin County Senior Citizens Center

**FOR MORE INFORMATION
CONTACT
SUSAN FREDERICKSON
CAREGIVER PROGRAM
SPECIALIST**

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The definition of SUPPORT is to give courage and strength.....



.....the definition of GROUP is to bring together!

Anyone caring for a person 60+ years of age is invited to join one of our groups. By working together, participants can help each other cope with effects of disease and aging. Group members openly discuss their feelings, experiences and fears in a non-judgmental and supportive atmosphere. Practical issues such as health care assistance, dealing with behaviors, respite and much more are discussed.

Join The CSI Squad!!



of the
Permian Basin Regional Planning
Commission

Funded by Texas Health & Human Services Commission

*Investigate
Solutions to
Caregiving
Challenges*